



**MSS**

**Our Services**

# About MSS



We provide community and employment services to individuals with a wide range of disabilities. As an organization that believes everyone is a vital and contributing member of their community, our goal is to help create a future where people are supported to live the life *they* envision: a life full of friendship, community, and—most of all—choices.

The people we support, as well as our volunteers, staff, and visitors, are provided with opportunities to develop collaborative partnerships, learn new skills, share passions and talents, and engage with the larger community. We are committed to creating an inclusive space where everyone feels a sense of purpose and belonging.

Welcome to MSS!





## Choices



Each of our six locations provides innovative programs and services that are individualized to meet the specific aspirations and needs of each individual. Our creative and professional staff work with you to determine which of the following opportunities best align with the life you choose:

- Employment Services – Paths to traditional and self-employment options in the arts and more
- Day Support Services – Develop new life enrichment skills
- Creative arts opportunities with our Fresh Eye progressive art studio and gallery
- Community integrated education and volunteer opportunities
- Support for personal development and increasing self-sufficiency
- Self-advocacy skill building
- Individualized services to support you in your home



# Experiences

At MSS you will be welcomed into an environment that encourages and empowers you to expand your world. Our goal is to provide respectful, professional, and compassionate support as we work with you to understand your unique strengths, interests, and goals.

Our individualized, person-centered Day Support Services help people with intellectual and developmental disabilities or related neurodiverse conditions develop and maintain life skills so they can fully participate in community life. We support people in engaging and becoming involved in their communities, identifying resources, and building natural, supportive relationships.





We provide opportunities to explore a range of unique experiences, including:

- Exploring the arts – We offer arts engagement as recreation or vocation in our studios and at Fresh Eye Gallery
- Opportunities to engage in our adaptive beekeeping experience at two of our locations
- Community integrated education and volunteer opportunities
- Life enrichment activities at MSS and in the greater community
- Self-advocacy skill building
- Self-care communication and interpersonal skills support
- Access to adaptive equipment and assistive technology
- Individualized home supports
- Person-centered planning
- Flexible services that can be provided in-person or remotely



# Employment Opportunities



*Employment* may mean something different to each person.

Some of the opportunities that MSS can assist you in exploring and securing are supported or competitive employment, micro-enterprises, and self-employment. We offer a wide range of services that can meet you wherever you are on the path to employment and help you find the type of work that is right for you.





From resume and cover letter writing to interview practice and postsecondary education counseling, our qualified Employment Specialists will help you find the right fit. We network with local businesses to find supportive employers and positive learning and working environments.

Options include:

- Pre-Employment Transition Services (Pre-ETS) to help students and young adults transition into employment or postsecondary education
- Job Seeking Skills Training
- Internship Programs
- Placement and Retention Services
- Employment Development Services
- Self-Employment and Entrepreneur Opportunities
- eTrac® Online Vocational Training





## Exploring Employment

The choice to pursue competitive integrated employment is an important decision that impacts all facets of life. We will work with you to make a truly informed choice about pursuing employment by exploring your skills and interests, understanding different types of jobs, and learning about various career paths. Options include:

- Job Tryouts
- Informational Interviews
- Job Shadowing
- On-The-Job Evaluations

## Maintaining and Advancing in Employment

Finding the right job is just one step in the process; mastering job tasks, learning new skills, and building effective working relationships with supervisors and coworkers all contribute to successful and stable employment. We can provide short- and long-term support to ensure continued workplace stability and explore opportunities for advancement. Options include:

- Employment Support Services
- Short-Term Support Services (Job Coaching)
- Long-Term Support Services (Extended Employment)
- Workplace Advocacy and Employer Relations
- Skills Training
- Occupational Vocational Training





# Creative Outlets

We specialize in the facilitation of fine arts programming for individuals of all ability levels. We make art accessible for all—utilizing an extensive array of adapted techniques and tools if you need them.

In 2021, we officially launched our progressive art studio Fresh Eye Arts! This program supports artists in exhibiting and selling their work, as well as engaging in professional development opportunities. While everyone at MSS can participate in the creative arts, Fresh Eye artists are self-driven and are dedicated to their artistic practice. We provide artists with high quality materials and access to art facilities that include screen printing, ceramics, and more. Our program is designed and supported by professional teaching artists.



## Art as Enjoyment and Employment

A variety of art mediums are available for artists to explore including painting, drawing, printmaking, screen printing, fiber arts, ceramics, woodworking, photography, and more. We provide quality art materials and opportunities for artists to share their work with other members of the community through exhibitions, events, and art fairs. Some MSS artists choose to sell their work and earn an income from the sales. We can provide support and guidance if you choose to pursue art as employment.



## Fresh Eye Gallery

In 2021, we opened Fresh Eye Gallery, a community art space in South Minneapolis. We will utilize this space to create more community connections and professional development opportunities for the artists we support. Artists can submit work for exhibitions, display their work in the gift shop, take classes, and be a part of the annual Eye to Eye exhibition. Eye to Eye brings artists from all walks of life together to collaborate on a piece of art. This project has led to lasting relationships that extend beyond MSS—deep friendships and artistic partnerships that continue today.

Visit us at 4238 Nicollet Ave,  
Minneapolis, MN 55409, and  
[fresheyeGallery.com](http://fresheyeGallery.com).





We are extremely proud of the work we do, and our peers concur.

For over 30 years, we have received accreditation from CARF, the international accrediting body for organizations like MSS. We've also received exemplary ratings for our creative arts program, our eTrac® software, and our services for people with autism—an honor that is given to less than 1% of agencies in North America.

This continuous accreditation is the result of our strong commitment to value every person that comes our way.

MSS will always value:

- Partnership and Collaboration
- Choice
- Embracing Diversity and Celebrating Individuality
- Innovation
- Taking a Position of Possibility

### How are services paid for?

Our services can be funded in a variety of ways, including Home and Community-based Waivers, Title XIX (ICF-DD), CDCS, DEED/VR, and private pay.

### Interested in attending MSS?

Scan this code to submit a referral today!





## Our Locations

### MAIN OFFICE

#### ST. PAUL

900 Ocean Street  
St. Paul, MN 55106

Phone: 651-778-1000  
Fax: 651-772-4352

### APPLE VALLEY

14779 Energy Way  
Apple Valley, MN 55124

Phone: 952-891-5345  
Fax: 952-891-1922

### FRESH EYE GALLERY

4238 Nicollet Avenue S  
Minneapolis, MN 5540

[FreshEyeGalleryMpls@gmail.com](mailto:FreshEyeGalleryMpls@gmail.com)

### BROOKLYN PARK

7600 Boone Avenue N  
Suite 86  
Brooklyn Park, MN 55428

Phone: 651-557-1231  
Fax: 651-557-1458

### EAGAN

3265 Northwood Circle  
Suite 180  
Eagan, MN 55121

Phone: 651-454-9010  
Fax: 651-454-9011

### SHOREVIEW

1045 Tomlyn Avenue  
Shoreview, MN 55126

Phone: 651-483-3000  
Fax: 651-483-5994

### OAKDALE

3400 Grenada Avenue N  
Suite 190  
Oakdale, MN 55128

Phone: 651-777-7220  
Fax: 651-777-7233



For more information about MSS programs and services,  
visit us at [mssmn.org](http://mssmn.org), [fresheyearts.org](http://fresheyearts.org), or call 651-778-1000.

See possibilities in action:

[facebook.com/MSSMinnesota](https://facebook.com/MSSMinnesota)

[instagram.com/MSSMinnesota](https://instagram.com/MSSMinnesota)

[facebook.com/FreshEyeArts](https://facebook.com/FreshEyeArts)

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